

Winter 2015

INTERCONNECT

A Publication of Jay Nolan Community Services

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EVOLUTION IN ART AND LIFE



Sabine Glanzman

Sabine started her journey with Jay Nolan Community Services with the Family Support Program. She graduated from school and was eager to move out on her own.

Working together with tremendous support from her family, Sabine transitioned from Family Support to Supported Living. Sabine expanded her circle of support and now lives in her own home with roommates she chose.

Sabine continues to broaden her interests in fashion, dance, and pop culture. She enjoys listening to music with members of her circle and exploring flashy clothing and design. Sabine finds inspiration in a variety of people, places, and things! She has been a paid artist for several years and

you can even find her paintings, like the painting "Textures" featured here, on Amazon!

Sabine is one of the exciting new artists featured in a group art exhibition at the DAC Gallery. UCPLA and ECF Art Centers are partnering in or-

ganizing this exhibit. The Group Art Exhibition runs January 19-February 27.

DAC Gallery
431 S. Broadway
Los Angeles, CA
90013

www.dacgallery.com



"Textures" Product Description:
Acrylic painting on paper

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The Lanterman Coalition

"A Coalition for the preservation of the Lanterman act"

The Lanterman Coalition consists of the 19 major stakeholders in California's community based developmental services system. Membership in the coalition requires a commitment to (1) the Preservation of the Lanterman Act and the entitlement, (2) no categorical elimination of services, (3) no enrollment caps or waiting lists, (4) no reductions to services and supports important to people with Intellectual and Developmental Disabilities and their families and (5) full support of the community imperative and the Olmstead decision.

The Lanterman Coalition has urged the Brown administration to stop the current state of collapse of our system with a 10% reinvestment and Senator Jim Beall and others have written a letter in support of repairing the IDD system with ongoing support.

Please support the Lanterman Coalition's 10 Campaign and join in this effort by signing Senator Beall's letter. Learn more at www.change.org and if you want to discover ways to advocate check out page 3 of this newsletter.



The Season of Sharing and Caring

As many members of our Jay Nolan Community Services family know, we had suffered several losses in 2014. In our efforts to honor the dedication of these beloved individuals, the agency has opened our arms to their families and friends.

Maggie Smith devoted 17 years of her life to supporting people through her work at Jay Nolan Community Services. She held various positions and often raised her hand in areas where the agency had a need. She built relationships with coworkers, families, and individuals. Maggie spent much of her free time during the weekends sharing her home and hosting celebrations for people. This wasn't a job to Maggie, but just the way she believed life should be led. She believed in supporting people, and, when necessary, defending what was right and just. She believed in sharing what she had with people who were less fortunate and filling the role of family when people had no one.

To her absolute delight, Maggie's own family expanded upon the birth of her granddaughter who is aptly named, "Little Maggie". She carries the legacy well with her vivacious and energetic personality. She isn't shy about sharing how she feels and defending herself even as a toddler! "Little Maggie" welcomed her little brother Micah to her family and though Micah won't have the opportunity to meet his grandmother, he will see her glimmer in his big sister's eye!

Every year the Day Services and Supported Employment department has adopted a family to provide holiday cheer to children whose parents may not be able to do so

themselves. This year the department was thrilled to provide this role to Maggie's family. It provided a sense of love and support for the team.

In the amazing spirit of our agency and the commitment we have to sharing and caring for one another, the family of our departed Addison Hobbs, who worked closely with Maggie for many years, also donated to Maggie's family! Ironically, Addison and Maggie shared many of the same values and approached life similarly, as if they were family themselves.

While we continue to grieve for the loss of these two inspirational comrades, we were fortunate to remain involved in the lives of their families.



Roman's Movie Corner

"Into the Woods"

My first recently seen movie of 2015 was the new Disney musical **"Into the Woods"**, which was nominated for many Golden Globes and will likely be nominated for Academy Awards also. The story was about a childless married couple united by four popular brothers Grimm fairytales: "The Red Hat", "Jack and the Beanstalk", "Rapunzel" and "Cinderella". Taunted by the evil witch in order to get a child, the couple had to obtain main objects from the leading characters in the Grimm fairytales. If the couple achieved the witches request she would grant them a child. The regular plot of original fairy tales ended up in the middle of the movie, but then the story went the opposite direction and the movie ended tragically instead. The movie was enjoyable overall with good production and set design. The actors performed and sung very well despite none were professional singers. I felt that the movie was for adult audiences and perhaps too depressive for children and perhaps should not have been released by Disney with a PG rating. On the other, hand I would still recommend to see it. I may enjoy seeing it again.



Roman is a member of the Jay Nolan Community Services office personnel. He has gained a reputation of providing reliable reviews on the latest flicks to hit the big screen.

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1) Connect with your Legislator

Unless you know who represents you, they won't know they represent you! [Look them up online](#), and you can learn the names of your Senator and Assembly member. Once you know who to contact, do so! Send an email, write a letter, or make a call. Tell them what matters to you !

2) Ask your Legislator to talk to Senator Beall about his funding request

Senator Beall has [authored a letter to Governor Brown](#) asking him to make developmental services funding a priority. Ask your Legislator, whenever you contact them, to talk to Senator Beall about his letter, and ask him how they can help.

3) Meet your Legislator at their district office

You know who represents you, and you've told them what you care about. But how much more of an impact does it make when you meet someone in person? A lot more! This can, in an instant, change you from a statistic into a friend. Contact their office and tell them you'd like to meet with the Legislator. When you get a meeting set, three things will help it be a success: know what you want to talk about, be Respectful, and follow up with a thank you.

4) Participate in an event they are sponsoring

Legislators – and candidates – will often have public meetings. “Office hours” at a local coffee shop, town halls, meet-the-candidate forums, and other events are all great places to meet with the people who represent you, and tell them about why Lanterman Act services and supports matter to you. Find out about these events by signing up for their mailing lists, following them on Twitter, or “liking” them on Facebook.

5) Invite them to meet you – have a site visit!

If you are looking for the one way to have the biggest impact, a site visit is it. You'll get to meet your legislator, talk to them about what our system needs, and show them how Lanterman Act services and supports help people live fuller, more inde-

pendent lives. This takes a bit more work, but it builds on everything above, and starts with contacting their office to extend an invitation.

6) Tell the press

Letters to the editor may seem old-fashioned, but they still have an impact, and can be done online. By getting your views out to the community, people around you will start to learn about your issues, and then care about them. People with developmental disabilities are our friends, our family, our co-workers, ourselves – and we are all part of our local communities.

7) Contact local journalists

So you've written in – but are you talking with, or talk to the local media? Contacting your local media outlets, particularly if there is a story coming up, can be a great way for your stories and lives to be shared with the public.

8) Tell your friends and family

Can you tell ten of your friends, family members, or even neighbors about this effort, and ask them to join in? This message isn't just about you, it's about all of us. Something as simple as directly, politely asking someone for their help can have a profound impact.

9) Keep your network informed

Share your story, and tell about this campaign, online! Facebook posts, tweets, and even Tumblr or other blog platforms can be a great way to spread the word. A list of Lanterman Coalition members with active Twitter accounts is at the bottom; you can start by connecting with them!

10) Keep yourself – and the community – informed!

Go to www.lantermancoalition.org to get the latest news. Also, while this is a grassroots push, any feedback you have will help us all better focus our work.

Please go to www.lantermancoalition.org/contact and drop us a line!

The advocacy of individuals and families like you is how our system was created. And with that same advocacy, it can be renewed!

BE THE CHANGE YOU WANT TO SEE IN THIS WORLD.

– Mahatma Gandhi



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The Mission of Jay Nolan Community Services, Inc. is to enable individuals with Autism Spectrum Disorder and other developmental disabilities to live fulfilling lives as members of the community by providing support services customized to their individual needs.

www.jaynolan.org

OUR VISION

EVERY PERSON LIVING A QUALITY LIFE

EMPOWERED

INCLUDED

EMBRACED

OUR AGENCY LIVING OUR MISSION

STRONG

RESPECTED

VISIONARY

Our Philosophy JNCS Believes that:

- All people have unique capabilities and gifts.
- All people need a sense of belonging to a family and to their community.
- All people have the right to be heard and to have their ideas acknowledged.
- All people can live in their own homes with the proper support and assistance.
- All people have the ability to contribute to their families and their communities.
- All people should be treated with dignity and respect, with their privacy protected.
- Relationships and trust are equally fundamental for a sense of inclusion to happen.
- For all persons, self-advocacy and empowerment should be promoted and honored.
- All people have the right to be free from pain, coercion, and cruelty inflicted by others.

Celebrating Milestones: Estella's Story

Jay Nolan Community Services would like to recognize Estella's hard work and dedication in her new position in the Mission Hills office. Estella recently obtained her certificate of completion from school and celebrated with her Jay Nolan Community Services foster parents, friends and family. Like most young women her age, she was faced with what to do next! Estella sought support from her Jay Nolan circle and began the discussion of her dreams in adulthood. Estella secured an office position at the Mission Hills Jay Nolan office. Here she has built an impressive resume that showcased her many skills. Estella is sure to be an asset to any office. She is now transitioning to the Supported Living Program! She is pictured here after assisting with the assembling of the office tree!

