



Building Healthier Family Relationships

Join parents and siblings, just like you,
for this important family training

Saturday, February 24, 2018
10:00am to 12:00pm

ENJOY FAMILY TIME—WITH LESS CHALLENGING BEHAVIORS!

Be a part of this special Jay Nolan Community Services family-oriented training focused on sharpening tools and techniques that enable parents, siblings and others, to experience and enjoy healthier relationships.

REDUCE CHALLENGING BEHAVIOR
INCREASE COLLABORATION
FOCUS ON MUTUAL UNDERSTANDING
ENHANCE COMMUNICATION

- ✓ Listen to Behavior: What is your loved one trying to tell you?
- ✓ Early recognition and removal of triggers — reduces need for negative behaviors
- ✓ De-escalating yourself first — results in a more effective respond to the behavior of others.
- ✓ Help your family members' learn new behaviors to replace those labeled "challenging."

There's LUNCH, so please reserve your attendance

Contact Training Department to register!

Jay Nolan Community Services, Inc.

Call (818) 361-6400 Ext 155 or 147

**Jay Nolan Community Services Training
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