

# Coronavirus: List of Stores Offering Special Senior Shopping Hours

The Los Angeles County Department of Public Health has said the best way for seniors to remain healthy during the outbreak is to have medications, food and other supplies taken to their residence either by delivery services or family members.

Seniors who still need to leave their home for groceries and other items can take advantage of the special hours offered by the following stores:

- **Big Saver Foods** will open from 7:30-8 a.m. for seniors over age 65.
- **Dollar General** will reserve the first hour of the stores' hours for seniors 65 and older
- **Erewhon** is open to seniors and others with compromised immunity from 6-7a.m.
- **Gelsons** daily will be open from 7-8am for those 65 and older
- **Glendale firefighters** will begin delivering groceries to senior citizens amid the coronavirus outbreak. Those who would like to use the service can call 818-548-4814.
- **Northgate Market:** All 41 Northgate Market locations are reserving the first hour just for seniors and disabled customers.
- **Ralphs** offering dedicated shopping for senior citizens age 65 and older from 7-7:30 a.m. daily beginning March 20.
- **Smart & Final** will open from 7:30-8 a.m. for customers 65 and older and those with disabilities.
- **Stater Bros. Markets:** All 169 locations will open at 7:45 a.m. for seniors over 65 years old.
- **Super A Foods** is reserving shopping from 7-8 a.m. for those 65 and older.
- **Target** is reserving the first shopping hour of every Wednesday to the elderly and those with underlying health concerns.
- **Vallarta Supermarkets** will be open 7-8am for those 65 and older, pregnant women and those with disabilities.
- **Vons, Albertsons, Safeway & Pavilions** will reserve every Tuesday and Thursday from 7 to 9 a.m. For senior citizens, pregnant women and those with compromised immune systems.
- **Walmart** will give seniors 60 and older an hour of shopping before stores open every Tuesday. Walmart pharmacies and Vision Centers will also be open at this time.
- **Whole Foods** will open all their stores to customers who are 60 and older one hour before opening to the general public.

**This list was compiled 3/20/20 and is subject to change.**

**Contact your local grocery store to confirm any hours that they may have available.**