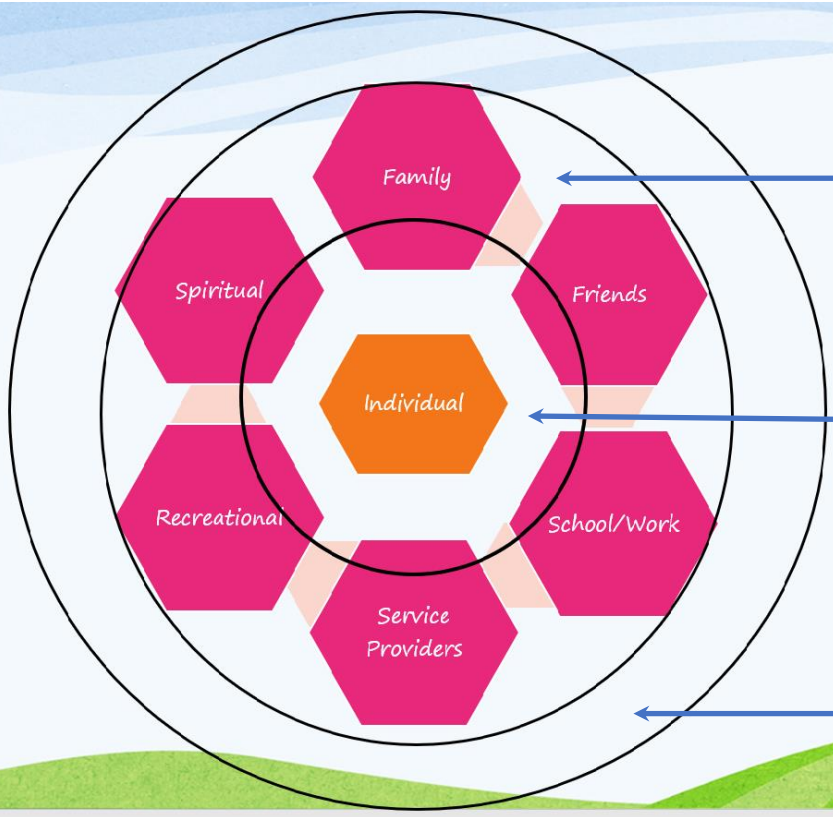


Social Distancing ≠ Emotional Distancing

Stay Safe. Stay Connected.

According to the CDC, social distancing means remaining out of **congregate settings** (20 or more people), avoiding **mass gatherings** (250 more people), and **maintaining distance** (approximately 6 feet or 2 meters) from others **when possible**.



Think about the places in your life and the time you spend with the person you support where you gather with others. If you are still going to large family gatherings, church, school or work, or recreational activities, how can you stay connected without joining in person?

We have close relationships with the people we support. We are a part of their inner circle, and can continue to provide support while practicing social distancing. Wash your hands often, and monitor your health closely.
Stay in contact with your supervisor and circle of support you are a part of, and do not come to work if you are sick.

Our government, corporations, and event services are making decisions about mass gatherings. If an event has not been canceled, think about your own personal risk and the person you support.

Though this is a time of uncertainty and fear, JNCS is committed to continuing to provide community supports with everyone's safety as a first priority. This public health crisis is evolving, and we will continue to respond as information is presented.

